

Portfolio of Works, Results and Activities

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1. Training Experience

AIDS Action Europe

- “Gay dating apps in HIV prevention: Collaboration between civil society organisations and app providers – what is the current situation?” organised by Deutsche Aidshilfe, on behalf of AIDS Action Europe. Online Training of Activists in Europe (Aug. 2021).
- Affordability of Medicines: Train the Trainer session (online training), Cyprus 2021.

EATG: European AIDS Treatment Group: PROMs Project, Europe

- Advocacy and Communication, Step-Up Academy (Physical Training on Advocacy, Porto): June 2023
- Patient Reported Outcomes Measures: Training Specialist / eCourse (2021-2022)
- PROMs, Topic 2: Online Communication and Gay Apps in promoting Community Services, Step-Up Academy (Physical on PROMs and Gay Apps, Istanbul): Nov. 2021
- Establishment and Management of a Community Testing Centre, Topic 2: Guidelines and Types of Community Testing, Topic HIV in your country, Step-Up Academy (Online Training on Community Testing): Oct. 2020 - Mar, 2021
- Training Manuals for Trainers: Manual 1: “How to teach online”, Manual 2: “Technical Hand-book for online tools and services”, developed and written (Sept. 2021)
- Establishment and Management of a Community Testing Centre, Topic 2: Guidelines and Types of Community Testing, Topic HIV in your country, Step-Up Academy (Physical on Community Testing, Kiev): July 2018

AIDS Solidarity Movement, Cyprus

- “Community Training”, Cy Checkpoint - Physical Training, 4 days / May 2022
- “Sexual Health & Prevention”, Biomedical Student Association, European University Cyprus - Physical Training, May 2022
- “Sexual Health & Prevention”, various, online & physical training sessions, 2015 - onwards
- Cyprus National Addictions Authority, Community Testing for Harm Reduction Centres, on behalf of the AIDS Solidarity Movement. Physical and Online Training, March & June 2020
- CyStasis Community Training for Activists in Cyprus, on behalf of the AIDS Solidarity Movement and Cyprus Family Planning Association. Physical Training, Jan. & Feb. 2019

Accept LGBTI Cyprus

- Online open discussion on “LGBTQI+ Representations in Cyprus TV” (2012)
- Sexual Health for Women who have sex with women.

Cyprus College (HND in Music Technology)

- Course instructor for “Introduction to Music Business” (2013-onwards)

Veramand Academy, by Christos Krasidis (2010-onwards)

- Singing, Music Composition, Audio Production, Copyright, Business.

2. Media Productions and Campaigns

Klimatistika Cy - Launch ADVERT (Concept, Copywriting, Audio production), Feb. 2023

- Social Media Ad (VIDEO): <https://youtu.be/z4AWD0kSFck>
- Social Media Guide & Copywriting: http://veramand.com/Artistic_Director/KlimatistikaCy-copywriting_2023.pdf

Objects Christmas ADVERT (Copywriting, Voiceover, Audio production), Dec. 2022

- Social Media Ad: <https://youtu.be/5sOurr5XPFU>
- Copywriting: http://veramand.com/Artistic_Director/Objects-copywriting_2022.pdf

Mobile Clinic Expeditions, Medical School, University of Nicosia:

Farmakas village (Oct. 2022):

- E-Mail Campaign: <https://mailchi.mp/8b035e0f7a6f/mobile-clinic-expeditions-kick-off-with-a-visit-at-farmakas-village-23-october-5628167?e=7c016c583a>
- Social Media Ad (VIDEO): <https://www.youtube.com/watch?v=V092SAQNb5I>

Lythrodontas village (Nov. 2022):

- E-Mail Campaign: [https://us9.campaign-archive.com/?e=\[UNIQID\]&u=3dc39b96cd64199d266a028ce&id=3e28777b56](https://us9.campaign-archive.com/?e=[UNIQID]&u=3dc39b96cd64199d266a028ce&id=3e28777b56)

Kokkinotrimithia (Radiomathonios, Dec. 2022):

- E-Mail Campaign: <https://mailchi.mp/79de5f8f0bb5/mobile-clinic-expeditions-kick-off-with-a-visit-at-farmakas-village-23-october-5736003?e=7c016c583a>
- Website: <https://www.med.unic.ac.cy/2022/11/09/second-mobile-clinic-expedition-at-kokkinotrimithia/>

Christmas Fiesta at EAC, Nicosia (Dec. 2022):

- E-Mail Campaign: [https://us1.campaign-archive.com/?e=\[UNIQID\]&u=965c87099fb034e474d919e64&id=da2093bb60](https://us1.campaign-archive.com/?e=[UNIQID]&u=965c87099fb034e474d919e64&id=da2093bb60)
- Website: <https://www.med.unic.ac.cy/2022/12/06/medical-and-nursing-students-join-forces-to-perform-diagnostic-tests-during-cyprus-anti-cancer-societys-christmas-fiesta/>

Deryneia (Jan 2023):

- E-Mail Campaign: [https://us9.campaign-archive.com/?e=\[UNIQID\]&u=3dc39b96cd64199d266a028ce&id=0879c7aa03](https://us9.campaign-archive.com/?e=[UNIQID]&u=3dc39b96cd64199d266a028ce&id=0879c7aa03)

Koilani village (Feb 2023):

- E-Mail Campaign: [https://us9.campaign-archive.com/?e=\[UNIQID\]&u=3dc39b96cd64199d266a028ce&id=36a2b78bae](https://us9.campaign-archive.com/?e=[UNIQID]&u=3dc39b96cd64199d266a028ce&id=36a2b78bae)
- Website: <https://www.med.unic.ac.cy/2023/02/15/mobile-eye-clinic-expedition-at-koilani-village/>

Kouklia village (March 2023):

- E-Mail Campaign: [https://us9.campaign-archive.com/?e=\[UNIQID\]&u=3dc39b96cd64199d266a028ce&id=2a88784555](https://us9.campaign-archive.com/?e=[UNIQID]&u=3dc39b96cd64199d266a028ce&id=2a88784555)
- Website: <https://www.med.unic.ac.cy/2023/03/07/medical-students-perform-ecgs-at-kouklia-village/>
- Social Media Ad (VIDEO): <https://youtu.be/svAebL4Lzd8>

My Name is Mom - LAUNCH (Copywriting, Logo Music, Audio production), Oct. 2022

- Social Media PROMO: <https://youtu.be/EvhBmR-d9xE>

Veramand Academy PROMO (Copywriting, Presenting, Audio production) , Sept. 2022

- Personal Coaching: <https://youtu.be/NuMifoCIEMo>
- Teaching production in realistic environments: <https://youtu.be/eWgsDzT0mMY>
- Being an artist IS a profession: <https://youtu.be/-71F8KJQjIY>
- Online Vs Physical Training: <https://youtu.be/lDHAhBhjSgs>
- "I cannot read music. How can I study music?" <https://youtu.be/X7iZFr1vVdg>
- Presentation of PRO and EDU training programmes: <https://youtu.be/O6AECLEzNbU>

HIV Stigma CAMPAIGN (AIDS Solidarity Movement - funded by ViiV Healthcare, Dec. 2021

Role: Overall Project Management, Social Media Management & Radio Spots Production.

- Video 1: <https://youtu.be/JUdI8NIwluc>
- Video 2: <https://youtu.be/jyDvgUqQQD4>
- Video 3: <https://youtu.be/KqMPq0FloDE>
- Video 4: <https://youtu.be/g8EgS6niGvA>
- Video 5: <https://youtu.be/qov6SDOugbo>
- Radio 1: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Radio/1.mp3>
- Radio 2: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Radio/2.mp3>
- Radio 3: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Radio/3.mp3>
- Radio 4: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Radio/4.mp3>
- Radio 5: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Radio/5.mp3>
- Poster 1: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Posters/1.png>
- Poster 2: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Posters/2.png>
- Poster 3: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Posters/3.png>
- Poster 4: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Posters/4.png>
- Poster 5: <http://CyCheckpoint.org/download/StigmaCaimpaign-ViiV-Posters/5.png>

HIV TESTING PROMO (AIDS Solidarity Movement, Funded by the Cyprus Ministry of Health), Apr. 2020:

Role: Overall Project Management & Social Media Management

- Arabic: <http://CyCheckpoint.org/download/MetASA-ara.pdf>
- Chinese: <http://CyCheckpoint.org/download/MetASA-chi.pdf>
- French: <http://CyCheckpoint.org/download/MetASA-fra.pdf>
- Nepalese: <http://CyCheckpoint.org/download/MetASA-nep.pdf>
- Philippines: <http://CyCheckpoint.org/download/MetASA-phl.pdf>
- Russian: <http://CyCheckpoint.org/download/MetASA-rus.pdf>
- Turkish: <http://CyCheckpoint.org/download/MetASA-tur.pdf>
- Greek: <http://CyCheckpoint.org/download/MetASA-gre.pdf>
- English: <http://CyCheckpoint.org/download/MetASA-eng.pdf>

U=U Campaign (2019): Website Built in Greek, Turkish & English

Role: Overall project management, communication & coordination, radio spots production, social media management & physical events in all cities.

- Spot 1: <https://youtu.be/5RhUz9--tjw>,
- Spot 2: <https://youtu.be/dO3kyuR2h54>

PrEP in Cyprus Conference (2018)

Role: Overall project management, communication & coordination, social media management & physical event (Conference) in Nicosia.

“HIV Stigma” campaign:

- 2013: <https://youtu.be/qdmF5ltlwhQ>

“Life is not Black & White” Online Campaign for the Representation of the European

- Commission in Cyprus: <https://youtu.be/PCwbum5uQDo> (2012).

3. Press Releases

1. WHO Regional Director visits UNIC Health

- Internal Email Campaign:
- [https://us1.campaign-archive.com/?e=\[UNIQID\]&u=965c87099fb034e474d919e64&id=c1de98a8ab](https://us1.campaign-archive.com/?e=[UNIQID]&u=965c87099fb034e474d919e64&id=c1de98a8ab)
- YgeiaWatch.com: <https://www.ygeiawatch.com.cy/news/deltia-typoy/o-perifereiakos-dieyoynthys-eyrwphs-toy-poy-sto-panepisthmio-leykwsias>
- Ygeia-news.com: <https://ygeia-news.com/panepistimio-leykosias/o-perifereiakos-dieythytis-eyropis-toy-poy-sto-panepistimio-leykosias/>

Shriners' Children Hospital visit UNIC Health

- Website: <https://www.med.unic.ac.cy/2023/02/07/medical-school-and-shriners-childrens-collaborate-in-research-and-medical-education/>
- Ygeia-news.com: <https://ygeia-news.com/panepistimio-leykosias/synergasia-shriners-kai-iatrikis-sxolis-panep-leykosias-ston-tomea-tis-ereynas-kai-ekpaideysis/>
- E-mail Campaign: [https://us1.campaign-archive.com/?e=\[UNIQID\]&u=965c87099fb034e474d919e64&id=3f9a9be593](https://us1.campaign-archive.com/?e=[UNIQID]&u=965c87099fb034e474d919e64&id=3f9a9be593)

Symposium in Sexual Health Topics at UNIC Medical School

- Website: <https://www.med.unic.ac.cy/event/symposium-on-sexual-health-topics/>
- Ygeia-news.com: <https://ygeia-news.com/panepistimio-leykosias/epistimoniko-synedrio-me-thema-ti-seksoyaliki-ygeia/>
- E-mail Campaign: [https://us1.campaign-archive.com/?e=\[UNIQID\]&u=965c87099fb034e474d919e64&id=dc3dc9c6ae](https://us1.campaign-archive.com/?e=[UNIQID]&u=965c87099fb034e474d919e64&id=dc3dc9c6ae)

Alumni News | UNIC Medical School (Articles, Design, Header)

- Access here: <https://mailchi.mp/78415956d373/alumni-newsletter-fall-2022?e=0b97d1a1fe>

AIDS Solidarity Movement Permanent Space Launch in Nicosia (2020)

- Access here: <https://avant-garde.com.cy/articles/impossible-works/h-kinisi-gia-aids-apokta-stegi-kai-emeis-elpida>

4. Videos Productions (Campaigns, Training, etc.)

EATG: Patient Reported Outcomes Measures (PROMS), Sept. 2021 - Dec. 2022

- Microsite: <https://www.eatg.org/promise-community-activist-toolbox/>
- Training Video 1: <https://www.youtube.com/watch?v=4laNX2HB4g4> (Module 1)
- Training Video 2: <https://www.youtube.com/watch?v=H39qGGJwphI> (Module 2)
- Training Video 3: <https://www.youtube.com/watch?v=nrv3FXpx-EQ> (Module 3)
- Video 4 (What are PROMS): <https://www.youtube.com/watch?v=id5q2I2hJ0E>
- Video 5 (Future of PROMS): <https://www.youtube.com/watch?v=03yMafle3no>
- Brussels Meeting Promo Video: <https://www.youtube.com/watch?v=NL9cxN2MsV8>

Let's talk about Sexual Health (University of Nicosia, AIDS Solidarity Movement), Feb. 2022

- Video: <https://youtu.be/sK77C5UIMIM>

KIRA program for Admissions to the Medical School of the University of Nicosia

- Video: <https://youtu.be/UDaYoDr7WfE>

Anti-Smoking Video/Audio Production (Campaign) (2020)

- <https://youtu.be/xczd-bwVwu4>
- <https://youtu.be/EflHJhPbSGO>
- <https://youtu.be/IMCFSEy-MTw>
- <https://youtu.be/3ar0dr1vHso>

Food & Safety Video/Audio Production (Campaign) (2019)

- <https://youtu.be/aVR5Ov96U9w>
- <https://youtu.be/uF4l-QvljhY>
- <https://youtu.be/tJhzrRgf2ys>

5. Digital Publications (eBooks)

- eBook: Children's book: Weather (in greek): [eBook Link](#)
- eBook: Children's book: Puzzles (in greek): [eBook Link](#)
- eBook: Children's book: Poetry like clothes (in greek): [eBook Link](#)
- eBook Publication: Maria Tsiakka: Enoxlitika (greek poetry): [eBook Link](#)
- eBook Publication: Maria Tsiakka: Enoxlitika (greek poetry): [eBook Link](#)
- eBook Publication: Evangelia Sokratous: Stigmes Diavgeias (greek poetry): [eBook Link](#)
- eBook Publication: Persephoni Krasidou: Paramythia gia Anylykous (greek poetry): [eBook Link](#)
- eBook Publication: Various (greek novels): [eBook Link](#)
- webBook Website: Thekla Georgiou: Blue Pail Fever (greek poetry): [webBook Link](#)

6. Audio Production

Music Video: "I dreamed a dream", Christina Koukou, 2021, for Veramand

- https://www.youtube.com/watch?v=DLSR_WvpR3c

Audio Production: "I dreamed a dream", Christina Koukou, 2021, for Veramand

- <https://www.youtube.com/watch?v=rHoBiaA8aEs>

Audio Book: Καρότσι (Carrier), Eleni Hileti (greek) - 2015

- <https://soundcloud.com/veramand/karotsi>

Music Video: "I AM U", kappa MYSTA, 2011, for Veramand

- <https://vimeo.com/25901286>

"Dystopia Inferno" Theatrical Performance (40 min):

- <https://youtu.be/ftAuMCU8mk>

Radio Spots (Audio):

- <https://www.youtube.com/playlist?list=PLkBuQ7A6jlcHLdP1sDmR83SRX9qsvUcgW>

Sound & Image (Audio):

- <https://www.youtube.com/playlist?list=PLkBuQ7A6jlcEbhIV8p6c1a9z6L9Oxv69U>

Teasers (Audio):

- <https://www.youtube.com/playlist?list=PLkBuQ7A6jlcGndMRNjPGhCXGkpgXy-DBs>

7. Websites

Veramand Creative Platform Website

- <https://www.veramand.org>

U=U: HIV ENDS with me (greek, english, turkish)

- <https://www.stophivstigma.com>

webBook Website: Maria Tsiakka: Enoxlitika (greek poetry):

- <http://tsiakka.com/Enoxlitika/ENOX-lit-IKA/ENOChletIKA.html>

webBook Website: Thekla Georgiou: Blue Pail Fever (greek poetry):

- <http://bluepailfever.com/BluePailFever/welcome.html>

webBook Website: Maria Tsiakka: Enoxlitika (greek poetry):

- http://tsiakka.com/Ores/Ores/Ores_-_Maria_Tsiakka.html

8. Research

COVID-19 impact to the LGBTQI+ community in Cyprus (Survey), 2022

- Organisers: University of Nicosia, AIDS Solidarity Movement
- Role: Project manager, Communications Executive, Questionnaire update/translation,
- Online Promo and Online Questionnaire Set-Up on Jotforms, Results Presenter.
- Period: Feb. - Mar 2022.
- Position: Based in Cyprus
- Description: Research in Greek & English

Knowledge and Attitudes of the Doctors community in Cyprus regarding euthanasia, assisted suicide, assisted death and on self-decision for termination of life (Survey), 2022

- Organisers: University of Nicosia (UNic), Cyprus Medical Association
- Role: Online Questionnaire Set-Up on Jotforms, Participation in the results analysis committee.
- Period: Feb. - Mar 2022.
- Position: Based in Cyprus
- Description: Research in Greek

Long-COVID impact to children and youth (minors) living in Cyprus (Survey), 2022

- Organisers: University of Nicosia (UNic), Cyprus Medical Association
- Role: Online Questionnaire Set-Up on Jotforms, Participation in the results analysis committee.
- Period: Feb. - Mar 2022.
- Position: Based in Cyprus
- Description: Research in Greek

Needs of People Living with HIV in Cyprus (Survey), 2020-2021

- Organisers: University of Nicosia, State HIV Reference Clinic & AIDS Solidarity Movement
- Role: Project manager, Communications Executive, Questionnaire update/translation,
- Online Promo and Online Questionnaire Set-Up on Jotforms, Results Presenter.
- Period: Dec. 2020 - May 2021
- Presentation:
- Greek: <http://CyCheckpoint.org/2020-21/2021-survey-greek.pdf>
- English: <http://cycheckpoint.org/2020-21/2021-survey-english.pdf>
- Fact-Sheet:

- Greek: <http://cycheckpoint.org/2020-21/Fact-Sheet-gr.pdf>
- English: <http://cycheckpoint.org/2020-21/Fact-Sheet-en.pdf>
- Position: Based in Cyprus
- Description: Research in Greek & English

ChemSex in Cyprus (Survey): A research focused on the LGBTI community, 2019-2020

- Organisers: AIDS Solidarity Movement, Positive Voice Greece
- Supported by: Cyprus National Addictions Authority
- Role: Project manager, Communications Executive, Field Teams Coordinator, and Online Questionnaire Set-Up on Jotforms, Results Presenter.
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- Period: Sept. 2019 - March 2020
- Position: Based in Cyprus
- Description: Online Research in Greek, Turkish, English

PrEP in Cyprus (Survey, Awareness Campaign, Conference), 2018-2019

- Organisers: Accept LGBTI Cyprus, AIDS Solidarity Movement, Cy Checkpoint.
- Supported by: ILGA Europe & Cyprus Ministry of Health
- Role: Project manager, Communications Executive, Results Presenter.
- Period: June 2018 - May 2019
- Online Survey: June - August, 208
- Awareness Campaign & PrEP Advocacy: Sept. 2018 - Onwards
- Conference: May 11th, 2019
- Position: Based in Cyprus
- Link: www.PrEPinCyprus.com
- Flyer (Digital & Print): <http://asmcyprus.org/download/PrEP-gr.pdf>
- Conference: <https://prepincyprus.com/conference.html>
- Description: Overall Coordination of Communication for Research, Awareness Campaign and Conference, including Organisation, Media Representation, Social Media Management, Gay Apps Team Coordination & Keynote Presenter at Conference.
- Advocacy Officer: including presentation & discussion on the “Human Rights” committee of the Republic of Cyprus Parliament.
- Conference included representation of the Ministry of Health, the Cyprus HIV Reference Clinic, World Health Organization, Athens Checkpoint Pilot results and Presentation of Survey results. The Survey was based on “Flash! PrEP in Europe (2016)” European Survey, with permission.
- Keynote Speaker: The Role of the Community in the implementation of PrEP in Cyprus.

EMIS 2017 (Survey), 2017-2018

- European Men who have Sex with Men Internet Survey
- Organization: AIDS Solidarity Movement (Cyprus Partner)
- Role: Project Management for Cyprus
- Period: October 2017 - January 2019
- Position: Based in Cyprus
- Link: <https://www.esticom.eu/Webs/ESTICOM/EN/emis-2017/emis-2017-node.html>
- Description: Pan-European Multilingual Online Research for Men who have Sex with Men.

ECHOES 2017 (Survey), 2017-2018

- European Survey of Community Health Workers

- Organization: AIDS Solidarity Movement (Cyprus Partner)
- Role: Project Management for Cyprus
- Period: October 2017 - January 2019
- Position: Based in Cyprus
- Link: <https://www.esticom.eu/Webs/ESTICOM/EN/echoes/echoes-node.html>
- Description: Pan-European Multilingual Online Research for Community Health Worker's needs.

Ageing with HIV in Cyprus (Survey), 2016-2017

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- Organisers: University of Nicosia, AIDS Solidarity Movement, Terrence Higgins Trust, Hellenic Observatory, Accept LGBTI Cyprus
- Role: Project Manager, Results Presenter.
- Period: August - October 2017
- Position: Based in Cyprus
- Link: http://www.asmcypus.org/asm-news/Ageing_with_HIV_Survey_en.html
- Description: Cyprus Research (in Greek)

Knowledge & Attitudes of Cypriots around HIV/AIDS (Survey), 2015-2016

- Organisers: AIDS Solidarity Movement, University of Nicosia, Accept LGBT Cyprus, Cyprus Family Planning Association, Mediterranean Institute of Gender Studies.
- Role: Project Manager, Results Presenter.
- Period: August - October 2016
- Position: Based in Cyprus
- Link: http://www.asmcypus.org/asm-news/HIV-AIDS_Research_2016_en.html
- <https://cyprus-mail.com/2017/03/23/seven-ten-cypriots-never-hiv-test/>
- Description: Cyprus Research (in Greek)